



Photo Courtesy of US Department of Agriculture

School Breakfast and Lunch **TAKE A SUMMER BREAK, TOO**

USDA's Summer Food Service Program Can Help

School meals can help children get the nutrients they need for growth and development. This is especially true for the 1 in 6 who live in a food insecure household.¹ The dilemma is that those children who ate nutritionally balanced meals during the school year may be at risk of food insecurity in the summer. That's where USDA's Summer Food Service Program offers a solution: Free, nutritious meals for kids in the summertime.

Collectively we will work together to:

- Increase awareness of the important role Summer Meals can play in helping to nourish children and keep them healthy not hungry, in the summer
- Engage and empower families and communities to embrace, promote and use the Summer Food Service Program
- Provide resources to help schools, sponsors, communities and the media to champion summer meals

**Find out about free summer meals for children in your community, and how you can help, at
www.summerfood.usda.gov**



¹U.S. Department of Agriculture Economic Research Service. Household Food Security in the United States in 2015. September 2016