



# HOT CHOCOLATE



Prep Time: 10 minutes

Yield: 1 serving

## INGREDIENTS

- 10 ounces milk
- 2 tablespoons cocoa powder
- 1 tablespoon granulated sugar (or to taste)

## VARIATIONS

Add cinnamon or nutmeg to increase the flavor of the hot chocolate.

## DIRECTIONS

- **HEAT** the milk over medium heat in a small saucepan.
- **ADD** the cocoa powder and sugar and **WHISK** to combine well, taking care to remove any lumps.
- **COOK** until the milk forms bubbles on the sides and is hot all the way through.
- **REMOVE** from heat.
- **SERVE** with optional whipped cream or marshmallows.