## 990062 - Chicken Salad Sandwich

Recipe HACCP Process: #1 No Cook Source: ADANE Number of Portions: 50 Portion Size: EACH

Ingredient	# Ingredient Name	Measurements	Instructions
901843	CHICK,DICED	9 LB	
011143	CELERY,RAW	1 3/4 cup chopped	Wet your hands with clean,running water — either warm or cold. Apply soap and lather well. Rub your hands vigorously for at
902220	SALAD DRSG,MAYO TYPE,RED CAL-COMMOD	2 1/4 qt	least 20 seconds. Remember to scrub all surfaces, including the backs of your hands,Rinse well. Dry your hands with a clean towel
002030	PEPPER,BLACK	1 1/4 tbsp, ground	or air-dry them.
002026	26 ONION POWDER 2 TSP		Combine chicken, diced celery, mayo, and spices to make the chicken salad sandwich filling.
			<b>CCP:</b> Hold for cold service at 41° F or lower.
			CCP: Refrigerate until served.
011252	LETTUCE, ICEBERG (INCL CRISPHEAD TYPES), RAW	2 1/4 LB	
018075	BREAD, WHOLE-WHEAT, COMMLY PREP	100 slice	Wash the iceberg lettuce and separate into leaves (shredded iceberg may also be used).
001042	CHEESE, PAST PROCESS, AMERICAN, W/DI NA PO4 50 slice (.5 oz)		Sandwich Assembly:
			Sandwich Assembly.
			Slice of bread topped with a #12 scoop of chicken salad and 1 slice of cheese. Close with second slice of bread and slice sandwich on the diagonal.
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\*Nutrients are based upon 1 Portion Size (EACH)

Calories <sup>1</sup>	486.017 kcal	Total Fat	21.080 g	Total Dietary Fiber	4.632 g	Vitamin C	0.704 mg	39.036% Calories from Total Fat
Saturated Fat <sup>1</sup>	6.075 g	Trans Fat <sup>2</sup>	*0.175* g	Protein	34.574 g	Iron	3.037 mg	11.249% Calories from Sat Fat
Sodium <sup>1</sup>	986.493 mg	Cholesterol	104.960 mg	Vitamin A	347.861 IU	Water	128.643 g	*0.324%* Calories from Trans Fat
Sugars	*3.555* g	Carbohydrate	38.586 g	Calcium	273.955 mg	Ash	4.341 g	31.757% Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	\$0.000			28.455% Calories from Protein
Type of Fat								

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

## **Recipe Prep Sheet**

Components									
Meat/Meat ALT 2 oz eq	Grain 2 oz eq	Fruit cup	Vegetable cup	Milk cup					

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