

Recipe Prep Sheet

American Dairy Association North East

990066 - Turkey & Cheese Bento Box

Recipe HACCP Process: #1 No Cook
 Source: DSB
 Number of Portions: 50
 Portion Size: PORTIONS

Ingredient #	Ingredient Name	Measurements	Instructions
990390	Club Crackers	400 crackers (8 crackers per portion)	No Instructions Assigned
051768	Turkey, Deli Breast, Sliced	50 (1.43 OZ)	<p>Wet your hands with clean,running water — either warm or cold. Apply soap and lather well. Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces,including the backs of your hands,...Rinse well. Dry your hands with a clean towel or air-dry them.</p> <p>Prepare Bento Box as follows:</p> <p>In a clear plastic 3 or 4 compartment container,add the ingredients:</p> <p>Rolled Turkey Slices</p> <p>Cheese Stick</p> <p>Bunches of Grapes equaling 10 each.</p> <p>4 Baby Carrots and 3 Celery</p> <p>8 Club Crackers</p> <p>CCP: Hold for cold service at 41° F or lower.</p> <p>CCP: Refrigerate until served.</p>
122203	Mild Cheddar Cheese Portions (1 oz)	50 each	
009132	GRAPES,RED OR GRN (EURO TYPE,SUCH AS THOMPSON	50 (10 grapes)	
011960	CARROTS,BABY,RAW	3 1/4 LB	
011143	CELERY,RAW	150 strip (4" long)	

*Nutrients are based upon 1 Portion Size (PORTIONS)

Calories ¹	473.128 kcal	Total Fat	21.520 g	Total Dietary Fiber	2.565 g	Vitamin C	*7.809* mg	40.936% Calories from Total Fat
Saturated Fat ¹	6.952 g	Trans Fat ²	0.113 g	Protein	19.727 g	Iron	*2.487* mg	13.225% Calories from Sat Fat
Sodium ¹	865.034 mg	Cholesterol	46.580 mg	Vitamin A	*4157.095* IU	Water	*88.044* g	0.216% Calories from Trans Fat
Sugars	*9.149* g	Carbohydrate	51.864 g	Calcium	*220.471* mg	Ash	*N/A* g	43.847% Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	\$0.000			16.678% Calories from Protein
Type of Fat	-							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Components									
Meat/Meat ALT	2 oz eq	Grain	1.75 oz eq	Fruit	.5 cup	Vegetable	.5 cup	Milk	cup

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