

Recipe Prep Sheet

American Dairy Association North East

990158 - Peach Smoothie- Breakfast

Recipe HACCP Process: #1 No Cook
 Source: ADANE
 Number of Portions: 50
 Portion Size: 16 oz

Ingredient #	Ingredient Name	Measurements	Instructions
001084	MILK,LOWFAT,FLUID,1% MILKFAT,PROT FORT,W/ VIT	3 gal + 2 CUP	No Instructions Assigned
001295	YOGURT,VANILLA,NON-FAT	12 1/2 LB	
120441	6/10 Diced Peaches	12 1/2 LB	
			<p>CCP: Hold for cold service at 41° F or lower.</p> <p>Wet your hands with clean,running water — either warm or cold. Apply soap and lather well. Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces,including the backs of your hands,...Rinse well. Dry your hands with a clean towel or air-dry them.</p> <p>CCP: Refrigerate until served.</p> <ol style="list-style-type: none"> 1. Drain 3 - #10 cans of diced peaches and mix in blender or chopper 2. Add in milk and yogurt 3. Blend all ingredients together 4. Portion into 16 oz cup <p>CCP: Hold for cold service at 41° F or lower.</p>

*Nutrients are based upon 1 Portion Size (16 oz)

Calories ¹	261.404 kcal	Total Fat	2.878 g	Total Dietary Fiber	0.919 g	Vitamin C	4.109 mg	9.909% Calories from Total Fat
Saturated Fat ¹	1.791 g	Trans Fat ²	*0.000* g	Protein	13.920 g	Iron	0.148 mg	6.166% Calories from Sat Fat
Sodium ¹	205.117 mg	Cholesterol	13.242 mg	Vitamin A	911.276 IU	Water	*307.885* g	*0.000%* Calories from Trans Fat
Sugars	*6.668* g	Carbohydrate	45.705 g	Calcium	487.620 mg	Ash	*N/A* g	69.938% Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	\$0.000			21.300% Calories from Protein
Type of Fat	-							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Recipe Prep Sheet

American Dairy Association North East

Components									
Meat/Meat ALT	1 oz eq	Grain	oz eq	Fruit	.5 cup	Vegetable	cup	Milk	1 cup

Allergens									
Milk									

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.