825660 - Sunbutter Yogurt Parfait

Source: Chef Cyndie and K-12 Team
Number of Portions: 16
Size of Portion: each

Components:

Meat/Alt: 2 oz
Grains: 1 oz
Fruit: 0.5 cup
Vegetable:
Milk:

Recipe Subgroups:

Whole Grain Rich

Attributes:

HACCP Process: #1 No Cook

Ingredients	Measures	Instructions
051486 Strawberries, Sliced, Frozen..... 825610R Granola, Plain.....	4 lbs + 8 ozs 2 lbs	Weigh required amount of frozen strawberries, and place in refrigerator overnight. Fruit is best partially thawed. Thaw only the amount needed for the recipe. **CCP: Hold at 41° F or lower.**
		Prepare school-made granola according to recipe #825081. Cool and store in a tightly covered container.
825040 Yogurt, Lowfat, Vanilla Pouch, Yoplait 1..... 120955 SunButter Creamy 6x5..... 019296 HONEY..... 826517 Jelly, Grape, Polaner, 055485.....	2 pouch, 64 oz 1 cup 2 Tbsp 3/4 cup	Divide yogurt evenly into two large mixing bowls by placing 1 pouch into each bowl. In one large bowl, whisk peanut butter and honey with 1 (64 oz) pouch of vanilla yogurt. In the other large bowl, whisk jelly with the remaining 64 oz pouch of yogurt.
826513 Chocolate Chips, Sysco Classic 5335757...	1/3 cup	**CCP: No bare hand contact with ready to eat food.** Layer ingredients in a 20 oz clear cup in the following order: • 4 oz peanut butter flavored yogurt (no. 8 disher) • ½ cup strawberries (no. 8 disher) • 4 oz jelly flavored yogurt (no. 8 disher) • Place 4 oz insert in cup and fill with 1/2 cup (1.91 oz weight) of school made granola. Top the granola with 1 tsp mini chocolate chips. Cover parfait cup with the dome or lid. **CCP: Hold and Serve at 41° F or lower.**

*Nutrients are based upon 1 Portion Size (each)

Calories	715	kcal	Cholesterol	5	mg	Sugars	*66.2*	g	Calcium	264.53	mg
Total Fat	21.67	g	Sodium	174	mg	Protein	16.79	g	Iron	2.82	mg
Saturated Fat	3.76	g	Carbohydrates	113.35	g	Vitamin A	1011.3	IU	Water¹	*2.02*	g
Trans Fat²	*0.00*	g	Dietary Fiber	9.04	g	Vitamin C	49.3	mg	Ash¹	*0.08*	g

27.26%	Calories from Total Fat
4.73%	Calories from Saturated Fat
0.00%	Calories from Trans Fat
63.37%	Calories from Carbohydrates
9.39%	Calories from Protein

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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