



HONEY MUSTARD YOGURT SAUCE

Recipe Project Name/Written By:	To Taste
Recipe Category:	Breakfast, Lunch, Grab n' Go, Quick Scratch
Cooking Process:	#1 No Cook
Prep Time:	10 minutes
Cook Time:	0 minutes
Total Time:	10 minutes
K-12 Portion Size:	#24 disher

Meal Pattern Contribution: .25 oz eq m/ma

INCREDIENTS	32 Se	rvings	64 Se	rvings	DIDECTIONS	
INGREDIENTS	Weight	Measure	Weight	Measure	DIRECTIONS	
Yogurt, Greek, plain , non-fat		1 qt		2 qt	CCP: No bare hand contact with ready to eat food.	
Honey		1 c		2 c	1. Using a whisk, thoroughly combine all ingredients in a large bowl or container.	
Mustard, yellow		1 c		2 c	2. Using a #24 disher, pre-portion honey mustard into 2 ounce cups for service.	
Vinegar, apple cider		2 1/2 Tbsp		1/4 c + 1 Tbsp	CCP: Hold and serve at 41° F or below.	
Pepper, black		1/2 tsp		1 tsp		
Salt		1/4 tsp		1/2 tsp		

HONEY MUSTARD YOGURT SAUCE **NUTRITION INFORMATION** Serving Size #24 disher NUTRIENTS AMOUNT **Calories** 50 **Total Fat** 0 g 0 g Saturated Fat Cholesterol 2 mg Sodium 115 mg

10 g

0 g

Total Sugars	10 g				
Added Sugars	0 g				
Protein	3 g				
Vitamin D	0 mcg				
Calcium	37 mg				
Iron	0.2 mg				
Potassium	60 mg				
N/A=data not available.					

ALLERGENS: Milk

Total Carbohydrate

Dietary Fiber

Allergen and nutrient information may vary based on the specific products and ingredients used on site.

*MARKETING GUIDE

Food as Purchased for	32 Servings	64 Servings
N/A		

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YIELD/VOLUME				
32 Servings	64 Servings			
Total Weight: 3 lb 3 oz	Total Weight: 6 lb 6 oz			
Total Volume: 1 qt + 1 3/4 c	Total Volume: 2 qt + 3 1/2 c			

