



HONEY MUSTARD YOGURT SAUCE

Recipe Project Name/Written By:	To Taste
Recipe Category:	Breakfast, Lunch, Grab n' Go, Quick Scratch
Cooking Process:	#1 No Cook
Prep Time:	10 minutes
Cook Time:	0 minutes
Total Time:	10 minutes
K-12 Portion Size:	#24 disher

Meal Pattern Contribution: .25 oz eq m/ma

[illegible]

HONEY MUSTARD YOGURT SAUCE

NUTRITION INFORMATION

Serving Size #24 disher

NUTRIENTS AMOUNT

Calories 50

Total Fat 0 g

Saturated Fat 0 g

Cholesterol 2 mg

Sodium 115 mg

Total Carbohydrate 10 g

Dietary Fiber 0 g

Total Sugars 10 g

Added Sugars 0 g

Protein 3 g

Vitamin D 0 mcg

Calcium 37 mg

Iron 0.2 mg

Potassium 60 mg

N/A=data not available.

ALLERGENS: Milk

Allergen and nutrient information may vary based on the specific products and ingredients used on site.

*MARKETING GUIDE

Food as Purchased for 32 Servings 64 Servings

N/A

NOTES

Best if made the day before service for flavor development.

Honey mustard can be used as a dip or salad dressing.

YIELD/VOLUME

32 Servings

Total Weight: 3 lb 3 oz

Total Volume: 1 qt + 1 3/4 c

64 Servings

Total Weight: 6 lb 6 oz

Total Volume: 2 qt + 3 1/2 c

